

# LONG COURSE DESCRIPTION

The course is approximately 33 miles in total with 5,211' of climbing (mileage count excludes the descents at the Ski Area and on the Lane of Pain). Please plan your gear, nutrition and hydration accordingly. There are no aid stations. *You do NOT need to complete the challenges in any order, nor do you need to complete them in one day.* 

# SNOWSHOE MGM 3.75 MILE LOOP WITH 750' OF GRIN

**Start:** You will start in Fairview at the Blackmer Trailhead 400 Routt Street, Steamboat Springs, CO 8048. Run or walk, no matter what speed you choose, you need to wear snowshoes.

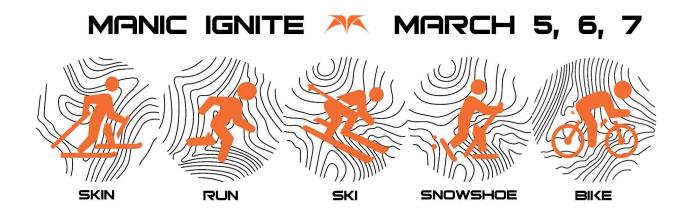
- 1. You will head up Blackmer and turn right on Gasline.
- 2. Take a left once you reach Molly's and start climbing until you reach MGM.
- 3. Continue going up Emerald via MGM.
- 4. Follow MGM around the bend and head back down via Larry's, taking the second trail in the fork. (If you take the first fork option, you'll be going uphill and not down.)
- 5. You will continue heading down Larry's until you reach Blackmer.
- 6. You will cross over Blackmer and head down Lupine until you reach the sharp right turn before Ricky's Ridge. Do not turn right. Go straight to cross over the trail.
- 7. Head up the hill to reconnect with Blackmer and follow it down to the bottom.

#### https://www.strava.com/routes/2788110692442627042

#### Please do not start at Howelsen Hill or the stables.

\*Please note, there have been moose sightings on Emerald all winter. If you encounter a moose, please turn around. Do not proceed or get near the animal. This land is their land, not yours. Back away from the moose.





# LANE OF PAIN CLIMB 2.60 MILES WITH 1,429' OF GAIN

**Start:** You will start in Fairview at the Blackmer Trailhead 400 Routt Street, Steamboat Springs, CO 8048. Run, walk, ski, skin or fat bike, no matter which option you choose, only your time to the top counts.

- 1. You will head up Blackmer until you reach the Lane of Pain.
- 2. Turn right to head up the Lane of Pain until you reach the weather station.

### https://www.strava.com/routes/2788118028770841290

Please do not start at Howelsen Hill or the stables.

\*Please note, there have been moose sightings on

Emerald all winter. If you encounter a moose, please turn around. Do not proceed or get near the animal. This land is their land, not yours. Back away from the moose.

### MOUNTAIN BIKE CR 44 19 MILES WITH 880' OF GAIN

**Start:** County Road 44 & Elk River Road (RT 129) Intersection Please be sure not to block the road or intersection when parking. You may also park at the Steamboat Springs Airport.

Don't forget to wear your helmet and follow all biking rules and traffic laws! Mountain Bike with mountain bike tires or a fat tire bike with fat tires is required. Gravel, Road and E-Bikes are not permitted. This is for your safety and the safety of all event participants.

- 1. Your ride begins at the intersection of County Road 44 and Elk River Road.
- 2. Ride your Mountain Bike or Fat Tire Bike on County Road 44 until you reach Route 40.
- 3. Turn around and ride back.



### https://www.strava.com/routes/2788122533897975498



# SKI AREA ASCENT 1.80 MILES WITH 2,137' OF GAIN

**Start:** On the snow, in front of the stage at Steamboat Ski Area, 2305 Mt Werner Cir, Steamboat Springs, CO 80487. Please do not start at Slopeside or T-Bar. You **MUST** have an Uphill Ski Pass for the 20/21 season. If you do not have one, you must purchase an <u>Uphill Ski Pass</u> before you begin this challenge.

Skin or snowshoe - no matter which option you choose, only your time to the top counts. (Yes, that means you can take the gondola down, if it's running.)

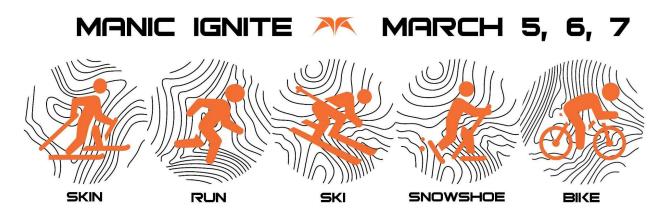
- 1. Starting in front of the Stage, head up the standard route via Stampede.
- After you pass the first stop of the Christi lift, you will follow Stampede around to the left, going under the Mountain Coaster, with the bottom of All Out, See Me and Voo Doo on your right.
- 3. Veer right to hike up Vogue.
- 4. Follow Vogue to Sitz and stay left to hike up Jess' Cut Off
- 5. At the end of Jess' Cut Off, turn left and head towards the bottom of Heavenly Daze.
- 6. Hike up the left side of Heavenly Daze.
- 7. Your time stops once you reach the picnic tables just before the Gondola building.



### This challenge can ONLY be attempted when the Ski Area is not operating.

Please be sure to start your hike before 7 AM. Uphill access is NOT permitted between 8:30 AM and 8:30 PM on Fridays, Saturdays and Sundays. If you violate the Ski Area Uphill policy in any way, you will be disqualified. <u>https://www.steamboat.com/the-mountain/safety-and-responsibility/policies/uphill-access</u>

https://www.strava.com/routes/2788146689254366178



### NORDIC SKI 6.00 MILES WITH 426' OF GRIN

**Start:** The Borden Ranch on Elk River Road at the intersection of Towhee Trail. There will be parking for approximately 25 vehicles at a time. If there is no room to park when you arrive, please come back at another time. Please DO NOT PART at Cullen's corner. The Borden's were kind enough to allow us to use their trails. Respect their wishes for us not to upset the neighbors by parking on the corner.

You have the choice to skate ski or classic ski <u>two</u> <u>full laps of the trail</u>.

https://www.strava.com/routes/2791799543708877670

